

HI Therapies Beauty Salon

49 Charminster Road . Bournemouth . BH8 8UE

Telephone . 01202 299778 Email . info@hi-therapies.co.uk Visit . www.hi-therapies.co.uk

PROFESSIONAL South West Salon of the year 2016
beauty Beauty Salon of the year runner up 2017



Monday, Tuesday & Friday 10:00 - 19:00 Wednesday & Thursday 10:00 - 20:00 Saturday 09:00 - 17:00

Specialised Face & Body Treatments

HI Therapies Specials

Bespoke HI Therapies Full Facial (70 mins) £50.00
Includes an in-depth consultation (15 mins) and a bespoke and unique facial designed to meet your needs, which can include benefits from all 3 of our facial machines.

Ultimate Anti-Ageing HI Therapies Facial (115 mins) £90.00
Combining the incredible lifting results from our CACI Synergy machine plus the many benefits of anti-ageing peptides, anti oxidants and vitamins used alongside our Environ DF machine. This combination treatment is the ultimate treat to combat ageing and the only facial in Bournemouth to contain both CACI and Environ.

Luxury Facial (110 mins) £69.00
Includes a bespoke HI Therapies Full Facial designed to your needs and a JemmaCo tailored 30 minute massage of your choice.

HI Therapies Jowl Lift* (25 mins) £35.00
Using the powerful CACI Synergy & Environ DF machine to lift and firm the muscles around the jawline and help contour, firm and reduce fine lines and wrinkles.

HI Therapies Lip Treatment* (25 mins) £35.00
CACI Synergy wrinkle comb helps promote and stimulate elastin and collagen, whilst the Environ DF machine will help to plump lips and infuse the lip area with essential collagen, vitamins and anti-ageing peptides to help smooth out fine lines around the mouth.

HI Therapies Eye Treatment* (25 mins) £35.00
Using the powerful CACI Synergy & Environ DF machine to lift the eye area, this express treatment will help improve fine lines, wrinkles, dark circles and puffiness that occurs in the eye area.

* Course of 10 **£300.00**

CACI Lifting & Cellulite treatment (25 mins) £29.00
Using the famous CACI Electro-Cellulite Massager, this treatment is designed to improve circulation and help breakdown fatty deposits on the upper legs and buttocks area. It helps to improve circulation leaving you with a smoother and firmer appearance.

Course of 10 **£240.00**

Crystal Clear Oxygen
Crystal Clear Oxygen Facial (55 mins) **£55.00**

CRYSTAL CLEAR
SKINCARE

CACI
NON SURGICAL SOLUTIONS

CACI Synergy Non Surgical Solution
CACI Synergy Ultimate Facial (85 mins) **£77.00**
Course of 10 **£670.00**

CACI Synergy Non-Surgical Facelift (60 mins) **£60.00**
Course of 10 **£500.00**

CACI Synergy Skin Rejuvenation (40 mins) **£47.00**
Add on Wrinkle Comb per minute (min 5 mins) **£1.00**

ENVIRON
Vitamin Facial (55 min / 85 min) **£60.00 / £80.00**
Collagen Power Facial (55 min / 85 min) **£70.00 / £90.00**
Hydraboost Facial (55 min / 85 min) **£70.00 / £90.00**
Course - Buy 5 and get the 6th FREE
Cool Peel (includes home kit) course of 6 **£285.00**
Focus Frown (includes home serum) course of 6 **£370.00**
Purchase an Environ course and receive £50.00 FREE worth of Environ products

Holistic treatments

JemmaCo Mix & Match

Designed by a massage specialist, our JemmaCo treatments are tailored to treat each individual and their specific needs. We can help aid relaxation, improve health and digestive problems and ease general aches and pains. Each treatment will be bespoke to you and can include all or some of the following; hot stones, warm bamboo, chakra balance, sound balance, and hand, feet or face acupressure points. All our massage balms are homemade using organic ingredients and are 100% pure essential oils.

Mix & Match

25 mins **£29.00**
40 mins **£37.00**
55 mins **£42.00**
85 mins **£54.00**

Specialised Holistics

Deep Tissue Massage (55 mins) **£42.00**
Heat Therapy Massage (55 mins) **£42.00**
Detox Massage (55 mins) **£42.00**
Pregnancy Massage (55 mins) **£42.00**



side one | treatments overleaf...

For treatment information, discounts, HI Therapies policies please visit our T&C's page online at www.hi-therapies.co.uk/termsandconditions.

Purchase gift vouchers online or book online for 15% off your first treatment. Courses purchased are valid for 6 months.

Certain treatments available with a Junior Therapist at a discounted price, please contact us for more information.

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PRICE LIST

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Hair Removal

Female Waxing

Half leg	£17.00
Upper leg	£18.50
¼ leg	£20.50
Full leg	£25.00
Full leg and bikini	£31.00
Full leg and intimate	£47.50
Bikini (hot wax)	£15.50
High bikini (hot wax)	£17.50
Brazilian (hot wax)	£24.00
Hollywood (hot wax)	£27.00
Underarm	£10.00
Forearm	£14.00
Full arm	£16.50
Full face	£24.00
Lip	£9.00
Chin	£9.00
Lip and chin	£14.00
Eyebrows	£10.50

Male Waxing

Eyebrows	£10.50
Nostrils or Ears	£9.00
Back or Chest	£21.50

Threading

Eyebrows	£9.50
Chin or Lip	£7.50
Full face	£18.00

Course - Buy 5 and get the 6th FREE

Eyes

Eyebrow tint	£7.50
Eyelash tint	£13.50
Eyebrow shape and tint	£17.50
Eyebrow shape and tint and eyelash tint	£26.50
Lash Lift and tint	£36.00
Hi Brow Treatment	£27.00

Course - Buy 5 and get the 6th FREE

Electrolysis

£1.35 per min minimum 5 mins

	(30 mins)	£27.00
	(60 mins)	£37.00
Advanced electrolysis	(15 mins)	£23.00
	(30 mins)	£36.00

side two | treatments overleaf...

Hands & Feet

Manicure (45 mins)	£22.00
Luxury Manicure (60 mins)	£27.00
Pedicure (60 mins)	£28.00
Luxury Pedicure incs. hot mitts or callus peel (75 mins)	£33.00
Shellac Manicure (45 mins)	£26.00
Luxury Shellac Manicure (60 mins)	£31.00
Shellac Pedicure (45 mins)	£26.00
Luxury Shellac Pedicure (60 mins)	£31.00
Shellac Removal	£8.00
File and Polish (30 mins)	£19.00
Callus Peel incs. nails filed & cuticle work (30 mins)	£19.00
Male Manicure (30 mins)	£19.00
Male Pedicure (30 mins)	£19.00

Course - Buy 5 and get the 6th FREE

CND

Make-up



Make-up Lesson <i>minimum spend on products</i> £20.00	£ FOC
Occasion Make-up	£35.00

Bridal Make-Up

We understand a bride needs to look and feel radiant on her special day. We use the innovative Jane Iredale Make-up which offers flawless, long lasting and natural coverage. Suitable for all skin types, this make-up will ensure you get the results you want so you can be bright, beautiful and glowing on your wedding day.

Bridal Make-up and Hair **from £45.00**
Please ask for our bridal packages.

Pamper Packages

Minimum 8 people

Whether it's a hen party or just a girly get together, a Hi Therapies Pamper Party is perfect for all occasions. Available at our Salon or in you own home, just choose a treatment package below and add any food packages or additional services and sit back, relax and get pampered! Please ask for our Pamper Party pack today!

20 minute treatments include: Back, Neck & Shoulder Massage, Mini Manicure, Reflexology, Express Facial, Mini Pedicure and many more!	
1 x 20 min treatment	£16.50 per person
2 x 20 min treatments	£28.00 per person
3 x 20 min treatments	£36.00 per person
4 x 20 min treatments	£48.00 per person

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