



HI Therapies Beauty Salon

49 Charminster Road . Bournemouth . BH8 8UE

Telephone . 01202 299778 Email . info@hi-therapies.co.uk Visit . www.hi-therapies.co.uk

2017 PRICE LIST

Monday, Tuesday & Friday 10:00 - 19:00 Wednesday & Thursday 10:00 - 20:00 Saturday 09:00 - 17:00

Facials

HI THERAPIES SPECIALS

Express Facial (30 mins)	£33.00
Full Facial (60 mins)	£46.00
Luxury Facial (90 mins)	£62.00
Anti Ageing Ultimate Facial (120 mins)	£87.00
HI Therapies Synergy Jowl Focus (30 mins)	£33.00

Course - Buy 5 and get the 6th FREE

Crystal Clear Oxygen

CRYSTAL CLEAR
SKINCARE



Crystal Clear Oxygen Facial (60mins)	£55.00
Mini Course of 3	£137.50
Full Course of 6	£275.00
Add on Oxygen Booster	£15.00

CACI - Non Surgical Solution

CACI
NON SURGICAL SOLUTIONS

CACI Ultimate Anti-Ageing Facial (90 mins)	£77.00
Course of 10	£670.00
CACI Non-Surgical Facelift (60 mins)	£60.00
Course of 10	£500.00
CACI Wrinkle Revolution (45 mins)	* £47.00
CACI Skin Rejuvenation (45mins)	* £47.00
* Mini course of 6	£255.00
Add on Microdermabrasion	£15.00
Add on Ultrasonic Peel	£15.00
Add on Wrinkle Comb	per minute £1.00

ENVIRON

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Active Vitamin (60 mins)	£59.00
Course of 6	£300.00
Advanced Active Vitamin (90 mins)	£79.00
Course of 6	£420.00
Course of 6	£370.00
Course of 6	£285.00
Add on Collagen Power Booster	£10.00
Add on Hydration Booster	£10.00
Purchase an Environ course and receive £50.00 FREE worth of Environ products	

Hands & Feet

CND

Manicure (45 mins)	£21.00
Luxury Manicure (60 mins)	£26.00
Pedicure (60 mins)	£27.00
Luxury Pedicure incs. hot mitts or callus peel (75 mins)	£32.00
Shellac Manicure (45 mins)	£25.00
Luxury Shellac Manicure (60 mins)	£30.00
Shellac Pedicure (45 mins)	£25.00
Luxury Shellac Pedicure (60 mins)	£30.00
Shellac Removal	£7.00
File and Polish (30 mins)	£18.00
Callus Peel incs. nails filed & cuticle work (30 mins)	£18.00
Male Manicure (30 mins)	£18.00
Male Pedicure (30 mins)	£18.00

Course - Buy 5 and get the 6th FREE

Hair Removal

FEMALE WAXING

Half leg	£16.50
Upper leg	£18.00
¾ leg	£20.00
Full leg	£24.50
Full leg and bikini	£30.50
Bikini (hot wax)	£15.00
High bikini (hot wax)	£17.00
Brazilian (hot wax)	£23.50
Hollywood (hot wax)	£26.50
Underarm	£10.00
Forearm	£14.00
Full arm	£16.50
Lip	£9.00
Chin	£9.00
Lip and chin	£14.00
Eyebrows	£10.00

MALE WAXING

Eyebrows	£10.00
Nostrils or Ears	£9.00
Back or Chest	£21.00

THREADING

Eyebrows	£9.00
Chin or Lip	£7.00
Full face	£17.50

Course - Buy 5 and get the 6th FREE

Eyes

Eyebrow tint	£7.50
Eyelash tint	£13.00
Eyebrow shape and tint	£17.00
Eyebrow shape and tint and eyelash tint	£26.00
Lash Perfect Express Lashes	£30.00
Lash Lift and tint	£35.00
HI BROW TREATMENT	£26.00

Course - Buy 5 and get the 6th FREE

Body Treatments

HI THERAPIES

Cellulite Massage (30 mins)	£27.00
course of 5	£122.00
course of 10	£235.00
Nourishing Body Therapy (90 mins)	£60.00

Electrolysis

	£1.30 per min minimum 5 mins
(30 mins)	£25.00
(60 mins)	£35.00
Advanced electrolysis (15 mins)	£21.00
(30 mins)	£34.00

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For treatment information, discounts, HI Therapies policies please visit our T&C's page online at www.hi-therapies.co.uk/termsandconditions.

Purchase gift vouchers online or book online for 15% off your first treatment. Courses purchased are valid for 6 months.



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Holistic Treatments



All massage treatments have been designed by our Director, Jemma to treat each individual and their specific needs, whether it be relaxation, energising, health problems or general muscle aches and pains. Each treatment will be bespoke to you, allowing you to add different heat treatments and aromas to suit your concerns. All products are hand and home made by Jemma herself, using organic ingredients and 100% pure essential oils.

Choose either from our mix and match options below in the table or our tailored treatments stated to the right.

Step 1: Choose your time:

30 mins **£27.00** 45 mins **£35.00**
60 mins **£40.00** 90 mins **£52.00**

Step 2: Choose any extras you would like (*on the day*)

Heat	Hot Stones	Warm Bamboo	Heated Pads
Balance	Healing Balance	Chakra Balance	Sound Balance
Acupressure	Face	Feet	<i>Not sure? Let our therapists help you decide.</i>

Step 3: Choose how you want to feel at the end of your treatment? (*on the day*)

Revived - Harmonised - Relaxed

Course - Buy 5 and get the 6th FREE

Full Body Massage (60 mins) £40.00

A relaxing massage from top to toe to leave you feeling utterly pampered. Using the relaxing JemmaCo essences to calm your body and restore to a balance relaxed state of mind.

Deep Tissue Massage (60 mins) £40.00

Deep Tissue Massage focuses on deeper layers of muscle tension. It aims to release aches and pains with specific deep pressure movements. Perfect for those who prefer a firm massage and like to feel the benefits from a massage and leave you feeling revived.

Acupressure Massage (60 mins) £40.00

A beautiful relaxing treatment offering a back, neck, shoulder and face acupressure massage finishing with the feet. We will work on specific points in the body, helping our bodies to heal themselves reconnect, relax and restore.

Heat Therapy Massage (60 mins) £40.00

Full Body massage with your choice of either Hot Stones, Warm Bamboo or heat pads. Heat is a great healer for the muscles. Not sure what option is best for you? No problem, the therapist can help on the day for you. Want a combination of all 3? Also no problem!

Digestive Massage (60 mins) £40.00

Using specific techniques and massage points, working on the whole body focusing on the stomach to ease digestive issues and pains. Include massage on the feet, stomach, neck, shoulders and legs and back.

Pregnancy Massage (60 mins) £40.00

A beautiful treatment that many mums to be have recommended. Working on the hips the back, neck shoulders and including acupressure in the feet this treatment really leaves you feeling pampered. Relaxation will help you and the baby, your connection and bond in a peaceful environment. Perfect after 1st trimester.

Course - Buy 5 and get the 6th FREE

Pamper Packages

Minimum 8 people

Whether it's a hen party or just a girly get together, a Hi Therapies Pamper Party is perfect for all occasions. Available at our Salon or in your own home, just choose a treatment package below and add any food packages or additional services and sit back, relax and get pampered!

20 minute treatments include: Back, Neck & Shoulder Massage, Mini Manicure, Reflexology, Express Facial, Mini Pedicure and many more!

1 x 20 min treatment **£16.50 per person**
2 x 20 min treatments **£28.00 per person**
3 x 20 min treatments **£36.00 per person**
4 x 20 min treatments **£48.00 per person**

Please ask for our Pamper Party pack today!



Make-up

Make-up Lesson *minimum spend on products £20.00* **£ FOC**
Prom Make-up **£30.00**
Occasion Make-up **£35.00**

BRIDAL MAKE-UP

We understand a bride needs to look and feel radiant on her special day. We use the innovative Jane Iredale Make-up which offers flawless, long lasting and natural coverage. Suitable for all skin types, this make-up will ensure you get the results you want so you can be bright, beautiful and glowing on your wedding day.

Bridal Make-up and Hair **from £40.00**

Please ask for our bridal packages.



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